



**LOS ANGELES UNIFIED SCHOOL DISTRICT  
REFERENCE GUIDE**

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**TITLE:** Health Content Used by Outside Speakers for Classrooms Requires LAUSD Approval

**NUMBER:** REF-3432.0

**ISSUER:** Rene Gonzalez, Assistant Superintendent  
Student Health and Human Services

**DATE:** December 6, 2006

**ROUTING**  
Local District  
Superintendents  
Local District  
Administrators of  
Instruction  
Principals, Secondary  
Local District HEP  
Advisers  
HEP Coordinators  
Health Teachers  
Science Teachers

**PURPOSE:** The purpose of this *Reference Guide* is to reaffirm that the health content used by outside speakers for classrooms requires LAUSD approval.

**MAJOR CHANGES:** This *Reference Guide* replaces Ref-Z-2 issued by Student Health and Human Services on June 1, 2001. The language has been changed to reflect recent changes in the Education Code. Names of organizations, personnel, and office locations have been updated.

**INSTRUCTIONS:** BACKGROUND

Recently enacted legislation on sex education makes it imperative that all health curriculum content dealing with such topics as Family Life, Sex Education, Self-Esteem, Parent Education, HIV/AIDS, Sexually Transmitted Diseases (STDs), and other closely related topics that is to be presented to students by outside speakers must be approved by the HIV/AIDS Prevention Unit of the Los Angeles Unified School District. There are also new legal requirements for administrators pertaining to parental notification for sex education topics. BUL-1132.1, dated November 6, 2006, issued by Deputy Chief Instructional Officer, Michelle King, informed all administrators of the new laws and consequent District policies, both of which apply to curriculum content presented by outside speakers in health classes.

Schools must also be aware that with new funds available from a variety of state and federal sources, many well-meaning agencies are now attempting to secure in-class time to present their programs. Because of the expansion of such activities, it is important to provide Local District Superintendents, administrators, and teachers with guidelines for curriculum content of presentations by speakers from recognized agencies. These guidelines require that students have prior parental



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notification. It is critical that all speakers abide by the following guidelines in their presentations and in their materials or flyers distributed and Internet Web sites promoted.

### CRITERIA ESTABLISHED

Overall standards for the content of health curriculum, which outside speakers must meet, have been directly or indirectly established in Sections 51930–51939 of the California Education Code.

A. In keeping with the criteria established in Sections 51930–51939 and other related sections of the California Education Code, the health curriculum content (including audiovisuals and handouts) used in presentations by outside speakers on HIV/AIDS- and STD-prevention instruction must:

1. Accurately reflect the latest information and recommendations from the United States Surgeon General, federal Centers for Disease Control and Prevention, the National Academy of Sciences, federal Food and Drug Administration, American Public Health Association, American Academy of Pediatrics, and the American College of Obstetricians and Gynecologists.
2. Cover public health issues associated with AIDS.
3. Provide information on local resources for HIV testing and medical care.
4. Foster refusal skills to help students overcome peer pressure and foster effective decision-making skills to help them avoid high-risk activities.
5. Cover stereotypes and myths regarding persons with AIDS and emphasize compassion for those suffering from debilitating handicaps and terminal diseases such as AIDS.
6. Not advocate drug use, a particular sexual practice, or sexual activities.
7. Be approved by the HIV/AIDS Prevention Unit of LAUSD and reviewed by the school principal or designee. If accepted, the content must be made available for parental review prior to the presentation.
8. Be appropriate for the ages and learning abilities of the targeted students.



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9. Be appropriate and sensitive to the ethnic, cultural, linguistic needs, sexual orientation, and special needs of all students.
  10. Not teach or promote religious doctrine.
- B. In keeping with the criteria established in Sections 51930–51939 and other related sections of the California Education Code, the health curriculum content in presentations by outside speakers on AIDS-prevention instruction must:
1. Be medically accurate, research- and science-based, peer-reviewed, and accepted by reputable agencies such as the Centers for Disease Control and Prevention and other agencies listed in Paragraph 1 of Section A above.
  2. Stress that abstinence is the only method 100 % effective for prevention and provide accurate information on the failure and success rates of condoms and other forms of contraception.
  3. Present the emotional and psychological consequences of having sexual intercourse and of unwanted pregnancy.
  4. Stress the importance of abstaining from sexual intercourse until ready for marriage and committed relationships.
  5. Stress honor and respect for monogamous marriage and committed relationships.
  6. Advise students on the laws related to their financial responsibility to children born in and out of wedlock.
  7. Advise students that it is unlawful for males and females of any age to have sexual intercourse with males or females under 18 years of age to whom they are not married.
  8. Emphasize that students have the power to control their personal behavior and should base their actions on reasoning, self-discipline, sense of responsibility, self-control, and respect for oneself and others.
  9. Teach students not to make unwanted physical or verbal sexual advances; how to say no to such advances; what constitutes verbal, physical, and visual sexual assault; what constitutes nonconsensual sexual advances,



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nonconsensual physical sexual contact, and rape by acquaintance (or date rape); and the legal consequences of date rape.

C. The following agencies have speakers whose presentations have been screened for health curriculum content and provisionally approved:

1. Planned Parenthood Model
2. American Cancer Society Model
3. Children's Home Society Model
4. Valley Community Clinic Model
5. The Los Angeles County Department of Health Services
6. The TAMPAX model titled FEELING GOOD (excluding distribution of condoms)
7. Project Connect
8. UCLA BLAIDS (pending)

### **RELATED RESOURCES:**

BUL-1132.1, November 6, 2006, issued by Student Health and Human Services.

### **ASSISTANCE:**

For further information, please call Ric Loya, Coordinating Teacher Adviser, HIV/AIDS Prevention Unit, at (213) 241-3520, or Tim Kordic, Teacher Adviser, at (213) 241-3519.